

# THE RIGHT TO TREAT YOUR HEALTH NATURALLY IS UNDER THREAT

The Charter of Health Freedom  
can protect your access to Natural  
Health Products & Practices.

## A Law For Natural Medicine

The **Charter of Health Freedom** is proposed legislation that gives natural health products and practices their own Act and creates a separate **Ministry of Wellness**, whose purpose is to protect and promote access to natural treatment options.

## Our Vision: The Solution

We envision a health care system that is fully sustainable, culturally diverse and encompasses natural, traditional and conventional medicine.

Canadians would be free to choose what form of health maintenance, prevention or crisis treatment we would like to receive and have confidence in knowing that both are being regulated well.



## Could You Be A Health Criminal?

Most of us were brought up to be law-abiding citizens. When we hear about crime, our instinct is to hope that the perpetrators are brought to justice. We do not think of ourselves as criminals and we would be horrified to find ourselves in a position where we felt we had to break the law. Sadly, more and more of us are going to find ourselves in the position where we will be compelled to break the law and become health criminals. This is for two reasons. First, because we are losing access to products we rely on for our health or, in some cases, for our very lives. Second, the Courts have continued to make it more difficult to legally access vital natural medicines. **For some of us, products that are essential to manage very serious health conditions, or that are essential for us to stay alive, are taken away.**



# THE CHARTER

## Protecting Your Health Freedom

**The Charter of Health Freedom** aims to create a Ministry of Wellness as an alternative, and partner, to the current Ministry of Health/Health Canada, that:

**Takes** NHP regulation from Health Canada, which has a “drug” regulation culture;

**Is given** more powers than Health Canada to protect consumers against real dangers, such as fraud and adulteration;

**Would oversee** natural medicines, therapies and treatments and natural healing arts while The Ministry of Health/Health Canada would oversee conventional medicine.

Given the track records and differences between conventional medicine and natural medicine, it is quite evident that they should be regulated separately.

**The Ministry of Wellness** concept is unique to Canada and would serve as a solution that would accommodate all parties and honour the multiple Supreme Court of Canada decisions which consistently reinforce the notion of sovereignty over one's body.

The Charter of Health Freedom **defends tradition**, ensuring that traditional and ancestral methods for gathering, manufacturing, preparing, preserving, performing, packaging or storing a treatment are protected and privileged.

## What Canadians Want

Nearly two decades ago, in 1999, the government formed a committee and held coast-to-coast hearings to determine what Canadians wanted when it came to Natural Health Product Regulations.

**The public was clear they wanted continued and increased access to natural health products (NHPs).**

After some time, this Committee concluded that *natural remedies should not be regulated as dangerous synthetic drugs since they are neither dangerous, nor synthetic.* It was accepted that they need a category of their own.

## Health Canada's Reaction

After several years of considering what they had learned from the hearings, Health Canada came out with a new policy: **Regulate NHPs with drug-style regulations.**



## The Interactive Charter

We made understanding the Charter as easy as possible. You'll find that we have inserted video clips next to each section of the Charter on our website so that you can watch the Charter be explained by its author, Shawn Buckley LL.B.



**SUPPORT THE CHARTER OF HEALTH FREEDOM.**  
Because protecting health freedom can't wait.